

Peak Performance PT

Unit 3, Ironworks Gym
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United Kingdom
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Invoice

Invoice Number: INV-00001
Issue Date: 05 Jul 2026
Due Date: 19 Jul 2026

Bill To

Jessica Howard

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Birmingham, B15 3RP
United Kingdom
jess.howard@example.com

Description	Qty	Unit Price	Total
1-to-1 personal training sessions 12-session block (3x per week for 4 weeks)	12	£40.00	£480.00
Initial fitness assessment and goal setting Body composition, mobility screening, and goal consultation	1	£60.00	£60.00
Customised nutrition plan 4-week macro-based meal plan with shopping list	1	£75.00	£75.00
Online progress check-ins (weekly) Video call review and programme adjustments	4	£15.00	£60.00
	Subtotal:		£675.00
	Total:		£675.00

Notes

Thank you for training with Peak Performance PT. Session blocks are valid for 6 weeks from purchase. Please book sessions in advance.

Payment Details

Payment due on receipt. Bank transfer or card payment accepted.