

# Peak Performance PT

Unit 3, Ironworks Gym  
62 Canal Street  
Birmingham, B1 2LP  
United Kingdom  
ryan@peakperformancept.co.uk  
0121 643 8900

# Invoice

Invoice Number: INV-00001  
Issue Date: 21 May 2026  
Due Date: 04 Jun 2026

## Bill To

### Jessica Howard

15 Edgbaston Crescent  
Birmingham, B15 3RP  
United Kingdom  
jess.howard@example.com

Description	Qty	Unit Price	Total
1-to-1 personal training sessions 12-session block (3x per week for 4 weeks)	12	£40.00	£480.00
Initial fitness assessment and goal setting Body composition, mobility screening, and goal consultation	1	£60.00	£60.00
Customised nutrition plan 4-week macro-based meal plan with shopping list	1	£75.00	£75.00
Online progress check-ins (weekly) Video call review and programme adjustments	4	£15.00	£60.00
	Subtotal:		£675.00
	<b>Total:</b>		<b>£675.00</b>

## Notes

Thank you for training with Peak Performance PT. Session blocks are valid for 6 weeks from purchase. Please book sessions in advance.

## Payment Details

Payment due on receipt. Bank transfer or card payment accepted.